

Summer Immersion Internship Program

Experience: Internship with non-profit

Reflection Assignments:

Verbal discussion in the seminar

- Where did I observe a healthy and productive dialogue taking place in my non-profit?
 - What were several components of this interaction?
 - What about these elements made the interaction effective?
- Where did I observe an unhealthy or unproductive interaction happening in my non-profit?
 - What were some of the components that made it unsuccessful?
- Compare and contrast the two interactions
- How could you transform a negative interaction into a positive one in the future?

Written reflections

- List and reflect on two successful instances for every “failure” or instance that provides an avenue for growth.
- What do you hope to accomplish by the end of this program?
- I can take steps to push myself out of my comfort zone and interact with unfamiliar situations.
 - How have I stretched?
 - How have I stalled?