THE UNIVERSITY OF PUGET SOUND

2016-2017 CURRICULUM GUIDE

EXERCISE SCIENCE DEGREE: BS CONTACT PERSON: GARY MCCALL

A suggested four-year program:

<u>Fall Semester Classes</u>		<u>Spring Semester Classes</u>			
Freshman	Units		Units		
SSI 1	1	SSI 2	1		
CHEM 110 or 115 (NS core)	1	CHEM 120 or 230	1		
MATH 160 (MA core)	1	BIOL 111 (NS core) ²	1		
FL (if needed) or elective	1	FL (if needed) or elective	1		

Sophomore	Units		Units
PHYS 111	1	PHYS 112 ⁴	1
EXSC 222 ²	1	EXSC 221 ^{2,1}	1
EXSC 200 or 301	1	EXSC 200 or 336	1
Approaches core	1	Elective	1

Junior	Units		Units
EXSC unit A ³	1	EXSC unit B ⁵ or C ⁶	1
EXSC unit A ³ or Elective	1	EXSC unit A ³ or Elective	1
Approaches core	1	Approaches core	1
Elective	1	Elective	1

Senior	Units		Units
EXSC unit C ⁶	1	EXSC unit C ⁶	1
CN core ⁷	1	EXSC unit B ⁵	1
Elective	1	Elective	1
Elective	1	Elective	1

NOTES:

- 1) CHEM 110 and 120 are prerequisites for EXSC 221.
- 2) BIOL 111 is a prerequisite for EXSC 221 and 222.
- 3) A: Three units from EXSC 301, 328, 329, 336.
- 4) Most PT schools require second semester physics: PHYS 112.
- 5) B: Two units at the 300 level or higher in Exercise Science that are not counted toward the major in another capacity.
- 6) C: Two units from EXSC 401, 428, 429, 436.
- 7) Of the three units of upper division coursework required outside the first major, the Connections course will count for one unless it is used to meet a major requirement.

Puget Sound requires a total of 32 units to graduate

THE UNIVERSITY OF PUGET SOUND COURSE CHECKLIST EXERCISE SCIENCE

CORE CURRICULUM			MAJOR REQUIREMENTS				
UNIVERSITY CORE	CRS	TERM	GRADE	COURSE	UNITS	TERM	GRADE
SSI1				EXSC 200			
SSI2				EXSC 221			
AR				EXSC 222			
НМ				BIOL 111*			
MA (MATH 160)				CHEM 110 and 120**			
NS (CHEM 110)				OR CHEM 115 and 230			
SL				Three units from the following:			
CN				EXSC 301, 328, 329, 336 Two units from the following:	_		
<u>KEY</u>				EXSC 401, 428, 429, 436			
	= Mathema = Natural Sc			Two 300+ level EXSC units***:			
AR= Artistic Approaches SL=	Social Scie	ntific App		1.			
HM= Humanistic Approaches CN= Connections FL= Foreign Language			2.				
Foreign Language Requirement (cir							
 Two semesters at 101/102 level o Proficiency exam (3rd year hig 				PHYS 111****			
college level)AP foreign language score of 4 or				MATH 160			
4) IB higher level foreign language s		6, or 7			-		
Upper Division Level Requirement Three units at the upper division level outside the first major. KNOWledge, Identity, and Power Requirement				THIS FORM IS NOT AN OFFICIAL GRADUATION ANALYSIS			
One course. See Bulletin for details. program or graduation requirements.	Courses ma	y also ful	lfill other				
			NO	VTES			
* BIOL 111 is a prerequisite for EXSO **CHEM 110 and 120 OR CHEM 111 ***Two units at the 300 level or highe **** Most PT schools require second A grade of C- or better is required in e	5 and 230 a r in Exerci semester pl	re prereq se Scienc hysics: Pl	e that are no HYS 112.	ot counted toward the major in another c	apacity.		