**THE UNIVERSITY OF PUGET SOUND**

2015-2016 CURRICULUM GUIDE

**ANY MAJOR: PRE-DENTAL**

DEGREE: BA OR BS

CONTACT PERSON: JOYCE TAMASHIRO

PROGRAM COORDINATOR: KATHY SAMMS 235-879-2708

HEALTH PROFESSIONS ADVISING @ WWW.PUGETSOUND.EDU/HPA

**A suggested four-year program:**

Early contact with the Chair of the Health Professions Advising Committee or the program coordinator is recommended in the first year. The Dental School Admission Requirements book must be checked during the sophomore year for specific school requirements.

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| *Fall Semester Classes* |  | *Spring Semester Classes* |  |  |
|  |  |  |  |  |
| **Freshman** | **Units** |  | **Units** |  |
| SSI 1 | 1 | SSI 2 | 1 |  |
|  |  |  |  |  |
| CHEM 110/lab (NS core)1 | 1 | CHEM 120/lab2 | 1 |  |
|  |  |  |  |  |
| Math 180 (MA core) | 1 | BIOL 111/lab1 | 1 |  |
|  |  |  |  |  |
| FL (if needed) or Major\* | 1 | FL (if needed) or Major\* | 1 |  |
|  |  |  |  |  |
| **Sophomore** | **Units** |  | **Units** |  |
| BIOL 112/lab3 | 1 | BIOL 212/lab3 | 1 |  |
|  |  |  |  |  |
| CHEM 250/lab | 1 | CHEM 251/lab | 1 |  |
|  |  |  |  |  |
| Approaches core | 1 | Approaches core | 1 |  |
|  |  |  |  |  |
| Elective or Major | 1 | Elective or Major | 1 |  |
|  |  |  |  |  |
| **Junior** | **Units** |  | **Units** |  |
| PHYS 111/lab\*\* | 1 | PHYS 112/lab\* | 1 |  |
|  |  |  |  |  |
| Elective or BIOL 3504\*\*\*  | 1 | Elective  | 1 |  |
|  |  |  |  |  |
|  |  |  |  |  |
| Approaches core | 1 | Elective or Major | 1 |  |
|  |  |  |  |  |
| Elective or Major | 1 | Elective or Major | 1 |  |
|  |  |  |  |  |
| **Senior** | **Units** |  | **Units** |  |
| CN core6 | 1 | Elective or Major | 1 |  |
|  |  |  |  |  |
| Elective or Major | 1 | Elective or Major | 1 |  |
|  |  |  |  |  |
| Elective or Major | 1 | Elective or Major | 1 |  |
|  |  |  |  |  |
| Elective or CHEM 460/lab or BIOL 3615\*\*\* | 1 | Elective or CHEM 4615\*\*\* | 1 |  |
| **NOTES:** |  | **Puget Sound requires a total of 32 units to graduate.** |  |  |
|  |  |  |  |

1. Students with strong Chemistry background could take CHEM 115.
2. Students who take CHEM 115 should take CHEM 230.
3. If Biology major, take BIOL 111/112 first year. BIOL 112 covers material on the DAT; BIOL 212 is preparation for BIOL 311, biochemistry, and dental school courses.
4. Some schools (including UW) require microbiology. Students planning to apply to OHSU will need to complete two semesters of anatomy and physiology. Check with individual dental schools for additional requirements.
5. Some schools require biochemistry. If a lab is required, take CHEM 460 & 461 (prerequisites CHEM 230 or 231). BIOL 361 is a non-lab, one semester course.
6. Of the three units of upper division coursework required outside the first major, the Connections course will count for one unless it is used to meet a major requirement.

\*Meet with advisor to ensure that major requirements as well as university requirements are met.

\*\* PHYS 111/112 is preferable, but 121/122 is acceptable.

\*\*\*Recommended. Required at some schools.

**THE UNIVERSITY OF PUGET SOUND**

COURSE CHECKLIST

**ANY MAJOR: PRE-DENTAL**

**CORE CURRICULUM** **MAJOR REQUIREMENTS**

|  |  |  |
| --- | --- | --- |
| UNIVERSITY CORE | CRS TERM | GRADE |
|  |  |  |

SSI1

SSI2

AR

HM

MA (MATH 180)

NS (CHEM 110)

SL

CN

**KEY**

SSI1= Seminar in Scholarly Inquiry1 MA= Mathematical Approaches

SSI2= Seminar in Scholarly Inquiry2 NS= Natural Scientific Approaches

AR= Artistic Approaches SL= Social Scientific Approaches

HM= Humanistic Approaches CN= Connections

FL= Foreign Language

**Foreign Language Requirement** (circle one)

1. Two semesters at 101/102 level or One semester at 200+ level
2. Proficiency exam (3rd year high school level or 1st year college level)
3. AP foreign language score of 4 or 5
4. IB higher level foreign language score of 5, 6, or 7

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| COURSE |  | UNITS | TERM | GRADE |
|  |  |  |  |  |
| BIOL 111# |  |  |  |  |
|  |  |  |  |  |
| BIOL 212# |  |  |  |  |
|  |  |  |  |  |
| BIOL 350\*\* |  |  |  |  |
| Biochemistry\*\*, CHEM 460\*# & 461 |  |  |  |  |
| OR |  |  |  |  |
| BIOL 361 |  |  |  |  |
| CHEM 110 (or 115)1 # |  |  |  |  |
|  |  |  |  |  |
| CHEM 120 (or 230)1 # |  |  |  |  |
|  |  |  |  |  |
| CHEM 250# |  |  |  |  |
|  |  |  |  |  |
| CHEM 251# |  |  |  |  |
|  |  |  |  |  |
| EXSC 221/222\*\* |  |  |  |  |
| MATH 180 |  |  |  |  |
|  |  |  |  |  |
| PHYS 111 (or 121) # |  |  |  |  |
|  |  |  |  |  |
| PHYS 112 (or 122) # |  |  |  |  |
|  |  |  |  |  |
| **THIS FORM IS** **NOT AN** **OFFICIAL GRADUATION ANALYSIS** |

**KNOWledge, Identity, and Power Requirement**

One course. See Bulletin for details. Courses may also fulfill other program or graduation requirements.

**Upper Division Level Requirement**

Three units at the upper division level outside the first major.

**NOTES**

# Denotes labs.

* CHEM 230 or 231, 251, and permission of instructor are prerequisites
* Recommended. Required at some schools.

**Recommendations**

* There is no single best major to prepare for a health profession—choose a subject that you love, and then be sure to take the pre-requisite courses (listed above).
* For a higher probability of success in your classes, **spread out the science courses.** Science majors will spend most of their semesters taking 2 lab courses; non-science majors have the luxury of tackling the science classes one course at a time. **Warning**: taking 3 science courses with labs in one semester is NOT recommended.
* Start with Chemistry. The first year chemistry sequence is a pre-requisite for future chemistry courses AND for Biology 212 (recommended for most pre-health professions students). Since Chemistry is a year-long sequence, it can’t be started mid-year. [Many of the Biology courses are offered each semester.]
* Minors and second majors are much less important than the actual classes you take. In general, health professions programs appreciate breadth—this means strength in the sciences, but also exposure to courses which will provide insight on other cultures and diverse ways of thinking, ethical issues, and psychological and societal influences on individual health and healthcare systems.