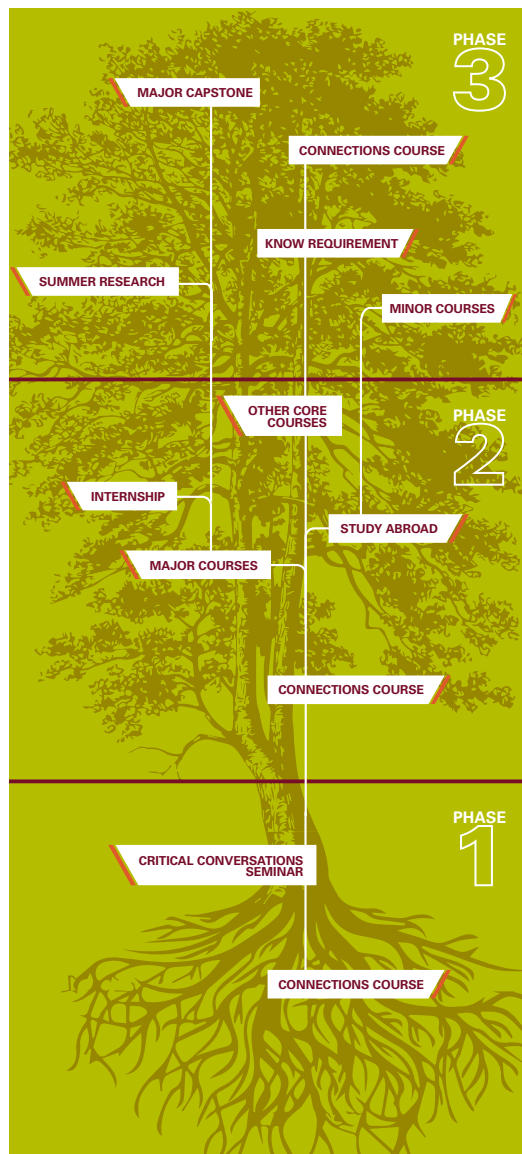


# Grow

## Puget Sound's Core Curriculum

At Puget Sound, our core curriculum is rooted in the tradition of the liberal arts, so no matter what you choose to study, you'll have opportunities throughout your undergraduate education to explore many branches of knowledge.

### HOW IT WORKS



### PHASE 1 PUT DOWN ROOTS *The First Year Experience*

Start with a strong foundation in the liberal arts. First, you'll take a **Connections** course, where you'll be introduced to your fellow students, meet faculty, and discover different facets of campus. Through these courses, you'll glimpse the interconnected nature of each discipline, from the sciences to the humanities, and cultivate a spirit of curiosity. Then, in your **Speaking & Writing** course, you'll sharpen your communication skills, setting yourself up for success in college and beyond.

### PHASE 2 GROW *Find Your Focus*

Find a **major** (and maybe a minor or emphasis) that challenges and excites you. Guided by expert faculty, you'll dive deep into your chosen area of study and apply what you're learning outside the classroom through research projects, internships, study abroad, and more. From there, you can expand into new fields and interests, adding an interdisciplinary lens to your studies.

### PHASE 3 BRANCH OUT *Continue Exploring*

Flourish beyond the confines of a single discipline with core classes woven throughout your Puget Sound experience. Where other universities ask you to narrow down to a single point of focus, our flexible core curriculum gives you the **freedom to explore** and grow your knowledge during your whole undergraduate career from first semester to final class. You never know when you'll discover a new favorite subject.

Ready to explore your options and start your journey of academic growth? To learn more, visit [pugetsound.edu/GROW](https://pugetsound.edu/GROW)

