

# CONTACT US!

24/7 Crisis, Referral and  
Information Line

253-474-7273

Helping the Community STOP  
Sexual Abuse  
[www.sexualassaultcenter.com](http://www.sexualassaultcenter.com)

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## Advocacy

- What is Advocacy?  
NON JUDGEMENTAL-TRAUMA INFORMED-CLIENT  
LEAD-NO COST-CONFIDENTIAL SUPPORT
- What services do we provide?
  - 24-hour crisis intervention, information and referral services
  - Emotional Support
    - Provide validation, assess client needs, listen and discuss various options for survivors
  - Medical Advocacy
    - Support at major Pierce County emergency rooms for forensic sexual assault exams
    - Provide information and resources on medical care concerns, prophylactic medication, and the crime victim's compensation program
  - Legal Advocacy
    - Assist with filing civil protective orders, police reports, and support during law enforcement interviews
    - Trial/Court support, and information on victims' rights
- Who can we support?
  - Primary survivors, someone who has directly experienced sexual violence
  - Secondary survivors, friends, family, loved ones of someone who has experienced sexual violence
  - People 13 years and older, or secondary survivors for those under the age of 13
  - People who have experienced recent or past assault
  - Incarcerated survivors
  - Although we are mandatory reporters, we can offer confidential support as long as we are not given identifying information
- Contact us!
  - Call us anytime at (253)-474-7273

Email us at [advocacy@hopesacpc.org](mailto:advocacy@hopesacpc.org)



REBUILDING HOPE! SEXUAL  
ASSAULT  
CENTER  
FOR PIERCE COUNTY

SUPPORT.  
HEAL.  
EDUCATE.  
PREVENT.

Rebuilding Hope, the Sexual Assault Center  
for Pierce County  
101 E. 26th St. Suite 200  
Tacoma, WA 98421  
[www.sexualassaultcenter.com](http://www.sexualassaultcenter.com)  
Office Line 253-597-6424  
24-Hour Crisis Line  
(253)-474-7273

This line connects clients to therapy,  
advocacy and step services

## Prevention

What topics do you offer?

- Consent
- Boundaries
- Relationships
- Social Emotional Learning
- Bystander Intervention
- Online Safety
- Custom Presentations

What audiences do you serve?

- K-12 Students and Staff
- University Student and Staff
- Military Personnel
- Community Organizations
- Parent/Caregiver Spaces

How do I request a presentation?

- [prevention@hopesacpc.org](mailto:prevention@hopesacpc.org)

What is the cost?

- Most of our community presentations are free, particularly to school districts.
- If you would like a presentation that is specialized for your group, our prices vary on a case by case basis.

## Sex Trafficking and Exploitation

The Sex Trafficking & Exploitation Program offers free of charge wrap-around case management to clients aged 13 years and up who have experienced, are experiencing, or are at-risk of being trafficked or exploited. Our services are 100% confidential and include assisting with navigating resources, access to basic needs, harm reduction, essential transportation, and providing non-judgmental support. This may also include advocacy and aid in accessing housing, legal services, medical services, and job assistance. Clients who choose to participate have access to our 24/7 Advocacy Hotline as well as our Therapy Program. Like all Rebuilding Hope! programs, our case management and therapy services are low-barrier and trauma informed. To make a referral to the program, please email [casemanager@hopesacpc.org](mailto:casemanager@hopesacpc.org). You can also go to the Rebuilding Hope! website to complete an online referral or call the Rebuilding Hope 24/7 hotline at (253)-474-7273

SUPPORT.  
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In order to serve all victims/survivors, Rebuilding Hope strives to be fully accessible to all members of the community. We also acknowledge that victims/survivors with marginalized and intersecting identities and experiences have historically been harmed by society and overlooked by social service providers and systems, which negatively impacts their ability to equitably access support services. Rebuilding Hope serves individuals who have had their lives impacted by sexual assault and abuse without discrimination based on race, ethnicity, color, religion, disability, pregnancy, national origin, sexual orientation, gender identity or expression, age, income, veteran status, marital status or any other basis prohibited by local, state or federal laws

## Therapy

- Therapy can be very effective in helping you heal at any point following your own or a loved ones experience of sexual assault, abuse, harassment or commercial sexual exploitation.
- Sexual assault can lead to PTSD, depression, anxiety, self-blame, nightmares, flashbacks, sexual concerns, low-self worth, relationship issues, parenting concerns, substance misuse, etc...specialized sexual assault therapy can help address all these concerns and more.
- Therapy is provided by master's level therapists who have specialized training and experience in helping survivors of sexual violence and their loved ones move forward.
- We offer a wide range of evidence-based treatments including EMDR, CPT, TF-CBT and others. The length of treatment is determined by your need.
- We provide individual, couples and family therapy for adolescents (13 and older) and adults.
- We offer in person sessions and online video therapy for your convenience.
- Therapy is offered directly in English or Spanish and all other languages via an interpreter.
- We accept some insurance and offer a very generous sliding fee scale for those in need of financial assistance. Teens without other resources may be seen at no charge..
- Please visit [www.sexualassaultcenter.com](http://www.sexualassaultcenter.com) for more information or call our 24 hr information hotline at (253) 474-7273 to request an appointment or to find out more.