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## EXPERIENTIAL LEARNING COURSES

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### About the Program

For information about Experiential Learning at Puget Sound, please refer to the 'Experiential Learning' section on page 6. For information on the Experiential Learning graduation requirement, please refer to page 12.

### Internships

The University of Puget Sound offers students the opportunity to undertake an internship in order to:

1. Apply cognitive learning in an off-campus work-related organizational setting.
2. Extend knowledge acquired elsewhere in the curriculum.
3. Reflect upon work experience within an academic context.

### Eligibility

The eligibility of a student to undertake an internship is determined by the Career and Employment Services using the following criteria:

1. Sophomore, junior or senior class standing.
2. Good academic standing.

### Courses

There are several options for students wishing to undertake an internship. In all cases, an Internship Learning Agreement must be completed, signed (by the intern, the supervising instructor, and the internship supervisor), and submitted to Career and Employment Services.

1. *EXLN 296 (Internship Experience)*. This internship seminar course is open to all students and is offered every summer. Since this is a zero-credit summer term course, enrollment does not require tuition to be paid. For more details, see EXLN 296 course description below.
2. *EXLN 350 (Internship Seminar)*. This variable-credit internship seminar course is open to all students and is offered in Fall and Spring every year. For more details, see EXLN 350 course description below.
3. *Departmental 498 (Faculty-Sponsored Internship)*. Students can develop an individualized learning plan with a faculty sponsor to connect off-campus internship site experience to study in the student's academic area of interest. Students are required to complete a contract (available at the Office of the Registrar) with the supervising professor. The learning plan includes required reading and writing assignments, a regular schedule of days and meeting times between student and faculty of at least 35 hours, and a culminating project or paper. Students receive 1 unit of academic credit for the academic work that augments their concurrent internship fieldwork. The internship sponsored by an individual member of the faculty will be designated with the department abbreviation of the faculty member and the course number 498. For more information, please visit Career and Employment Services.

### Credit

Credit for an internship is not applicable to the Upper-Division Graduation Requirement. Only 1 unit may be assigned to an individual internship and no more than 2.0 units of internship credit, or internship credit in combination with cooperative education credit, may be applied to an undergraduate degree.

### Co-operative Education

Through a full- or part-time employment opportunity or internship, students may earn activity credit for a paraprofessional, academically-related, off-campus experience in COOP 499 (Co-Operative Education).

Within this experience, students gain relevant experience to provide context for later academic studies, extend theoretical knowledge to practical application, and achieve work-related and academic goals in preparation for their future career. Students may enroll for variable activity units from 0.25 to 1.0 unit based upon total hours to be completed in the experience. Please note that COOP 499 does not meet the Experiential Learning Graduation Requirement. For more information, please visit Career and Employment Services.

### Course Offerings

Unless otherwise specified, each course carries 1 unit of credit and is offered at least once each academic year. Please see "Frequency of Course Offerings" on page 20.

#### Experiential Learning (EXLN)

**101 Introduction to Experiential Learning & Career Awareness** 0.25 units. Using a liberal arts education as a foundation, this class provides opportunity for intentional self-assessment and reflection. A career is not a destination, rather a developmental process. In this class, we will use a learning ePortfolio and active reflection to build awareness of different career paths and working environments as well as explore options that align best with your values, interests, and personality. We will also work to enhance your communication skills and increase your confidence while building connections, crafting a resume, and informational interviewing. *Cannot be audited. Offered every year.*

**201 Reflective Immersive Sophomore Experience** 0.25 units. This course aims to prepare students to apply for and engage in career-related experiences through the lens of reflective learning. Students are introduced to tools and pedagogy that will support goal setting and readiness for taking their next step along their career journey. Students participate in a series of personal reflective analyses to uncover their strengths and define their interests in order to have a meaningful career preparatory experience. Students gain individualized support through the process of finding an experiential learning opportunity that is right for them. Experiential learning fosters, among other things, civic engagement, personal growth, and leadership skills -- all key components of a liberal arts education. Ultimately, students build career knowledge in their area of interest and develop the agency to move confidently toward (or away from) a career field. After completing this course, students who complete an off-campus internship or comparable experience are invited to participate in EXLN 301 (Experiential Learning Seminar), where they will articulate the narrative of their experience through a showcase ePortfolio and become strong self-advocates, a skill that will benefit them in college and beyond. *Prerequisite: Sophomore or greater standing. Cannot be audited.*

**240 Book Arts Makerspace** 0.25 activity units. Expressly designed as an experiential learning opportunity, this activity credit course invites students to dive into the world of making associated with book, paper and letterpress printing arts. Bookmaking requires the collaboration and intersection of many craftspeople and techniques to produce a finished product. Students will meet and work side by side with local book artists, make books, examine special collections, and be introduced to the Makerspace, a creative space where students can experiment with modern equipment such as a 3D printer and laser cutter and traditional letterpress printing presses as well as a number of unique paper and art resources. *May be repeated for credit. Pass/Fail Required. Cannot be audited.*

**295 Community-Based Learning Experience** No credit. This course offers an intentional learning structure and cohort model for students who are engaging in community-based learning. This course integrates meaningful, community engagement with reflection and reciprocal learning. Students who are a part of the CBL Experience have the opportunity to explore their strengths and values through the context of engagement in the local community and will explore topics related to citizenship, service, and philanthropy. Additionally, students learn about the historical context of Tacoma and the importance of understanding place while engaging in a community. Students who take EXLN 295 develop an ePortfolio to articulate the narrative of their learning experience and are asked to present at a symposium event, or comparable presentation. *EXLN 295 fulfills the Experiential Learning Graduation Requirement. May be repeated for credit. Pass/Fail Required. Cannot be audited. Offered every semester.*

**296 Internship Experience** No credit. This course offers an intentional learning structure and cohort model for students who are engaging in internships during the summer. Students who take this course meet regularly throughout the summer to reflect on their experience as a cohort and have access to individualized coaching and guidance through the Experiential Learning Program Manager for Student and Community Engagement. Students in this course are asked to develop an ePortfolio articulating the narrative of their learning experience and are asked to present their work. *EXLN 296 fulfills the Experiential Learning Graduation Requirement. May be repeated for credit. Pass/Fail Required. Cannot be audited.*

**297 Study Abroad/Study Away Experience** No credit. This course offers an intentional learning structure and cohort model for students who are studying abroad or studying away on a Puget Sound approved program. The purpose of this course is to encourage reflection among students studying abroad/away and to create a shared sense of community based on a common set of reflective questions and practices. By focusing on connections between their academic work and study abroad/away experiences, students develop the skills required to communicate a narrative about their experience to others, including graduate schools and potential employers. Students in this course develop a tangible product (e.g., video, podcast, ePortfolio, slideshow, paper) articulating the narrative and value of their learning experience. *EXLN 297 fulfills the Experiential Learning Graduation Requirement. May be repeated for credit. Pass/Fail Required. Cannot be audited. Offered every semester.*

**298 Independent Research, Scholarly, or Creative Experience** No credit. This course offers an intentional learning structure and cohort model for students who are engaging in independent research, scholarship, or creative work. Students who take this course meet regularly throughout the term to share about and reflect on their experience. Students are supported individually by a faculty mentor, in a small cohort with a similar disciplinary focus or project structure, and by engaging with the larger, interdisciplinary community. Students in this course develop a tangible product (e.g., video, podcast, ePortfolio, slideshow, paper) articulating the narrative and value of their learning experience that will be shared within their cohort meetings. Students also develop a conference-style poster to capture the process and outcomes of their research, scholarship or creative work. These posters are presented at an on-campus symposium. *EXLN 298 fulfills the Experiential Learning Graduation Requirement. May be repeated for credit. Pass/Fail Required. Cannot be audited. Offered summer term.*

**301 Experiential Learning Seminar** 0.25 units. Students who have completed an approved experiential learning activity may enroll in the Experiential Learning Seminar. In this course, we will engage in a series

of reflective conversations aimed to create space where students can articulate and refine their narratives surrounding an experiential learning activity, while learning from each other. This course will offer continued career preparation, professional development advice, and support for students who are applying for their next internship, job, volunteer, or leadership experience. This course will culminate with the creation and presentation of a showcase ePortfolio. At the end of this course, students will be able to move confidently toward or away from a chosen career path and will have the ability to confidently articulate what they have learned through their experience and how it has informed their goals moving forward. *Cannot be audited. Offered every year.*

**350 Internship Seminar** Variable credit up to 1.00 unit. The central objective of this course is to provide students with an academic-oriented framework that informs, supports and complements their internship learning experience. There is a strong tradition that field experience—in the broadest sense of the term—can be an important step in a college education. Students in the course participate in an internship that offers them the opportunity to: engage in learning in an off-campus work-related organizational setting, extend knowledge acquired elsewhere in the curriculum, learn how to create observational fieldnotes that lead to an academic analysis of an organizational experience and reflect upon work experience within an academic context. *Prerequisite: Sophomore or greater standing. May be repeated for credit up to 2.00 units. Cannot be audited.*

**401 Career Launch** 0.25 units. This class provides the opportunity for students to reflect upon themselves and apply this knowledge to career options as well as take active steps toward a future career choice. Designed for individuals who are refining and focusing on career options and ready to take action. An emphasis is placed on career research and developing a professional presence on paper, online, and in-person. Topics include using multiple methods of career research and professional skills that include resume writing, building online profiles, networking, interviewing and salary negotiation. Students will explore how to utilize skills, strengths, and interests in pursuing work, education, or other opportunities that they hope to engage with after graduation from Puget Sound. *Prerequisite: Junior or Senior standing. Cannot be audited. Offered every year.*