COVID-19 Symptoms & Testing Guidelines

I don’t feel well.

I have symptoms like...
- Runny/stuffy nose
- Sore throat
- Fever or chills
- Cough
- Loss of taste/smell
- Muscle aches
- Nausea/vomiting
- Diarrhea

YES to any or all of the symptoms, whether you are vaccinated or not.

- Isolate yourself from others immediately. Do not attend class, work, sports, or other activities.
- Wear a N95 or KN95 mask if you must be around others, like your roommates or family members.
- Get tested with a PCR test and isolate until you get your results.
- Follow guidance in the flow chart on the right.

See at right for steps to follow if you have been exposed to a positive case of COVID-19, and for what to do if you have not been exposed.

Q: Why do I have to take a second test on the third day if my first one was negative?
A: The Omicron variant of COVID-19 has been found to not reliably appear as a positive test result until day 3 after symptoms began. It is important to re-test to ensure you are negative before ending quarantine.