IMPORTANT INFORMATION FOR STUDENTS CONSIDERING THE ACCELERATED PATHWAY FROM PSYCHOLOGY TO THE MEd COUNSELING PROGRAM

Students should contact Ellen Carruth (Professor and Director MEd in Counseling Program, School of Education) and Carolyn Weisz (Pathways Advisor, Psychology) by the 2nd semester of Year 1 to begin planning for this accelerated pathway.

- This pathway is available for strong undergraduate students who are interested in pursuing a career in school counseling or mental health counseling, who identify early on that they are interested in an accelerated pathway, and who have entered the university with a minimum of three or four AP/IB credits or other advanced credit.
- Students must engage in careful educational planning in order to fulfill core and major requirements and earn the required 32 undergraduate units within three years since their fourth year of academic coursework will be only MEd courses.
- Applicants to the accelerated pathway to the Counseling program must have entered Puget Sound as undergraduate students no later than their sophomore year.
- Following the accelerated pathway to the Counseling master’s degree does not guarantee admission to the MEd program. Students will apply in the fall of their junior year via a priority streamlined admission process (deadline November 1) and will be notified of admission decisions in December. Students are encouraged to express their interest in the program early to counseling program faculty, and to keep in touch with them during the undergraduate years.
- Students who don’t pursue the accelerated option may still apply to the MEd program and earn a master’s degree in counseling (MEd). They begin by completing a bachelor's degree in any discipline and they then apply to the counseling program by November 1 of their senior year, or any year thereafter.
## COUNSELING PROGRAM (ACCELERATED PATHWAY)

**DEGREE:** Master of Education in Counseling (MEd)

**CONTACT PERSONS:** ELLEN CARRUTH (Education) and CAROLYN WEISZ (Psychology)

### SUGGESTED five-year plan of study (other class schedules are possible)

<table>
<thead>
<tr>
<th>Freshman</th>
<th>Fall Semester Classes</th>
<th>Units</th>
<th>Spring Semester Classes</th>
<th>Units</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>SSI 1</td>
<td>1</td>
<td>SSI 2</td>
<td>1</td>
</tr>
<tr>
<td></td>
<td>PSYC 101 or Equivalent</td>
<td>1</td>
<td>BIOL 101, 102, 111 or 112 (NS core)</td>
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</tr>
<tr>
<td></td>
<td>MATH 160 (MA core)</td>
<td>1</td>
<td>Approaches Core</td>
<td>1</td>
</tr>
<tr>
<td></td>
<td>FL (if needed) or Approaches Core</td>
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<td>FL (if needed) or Approaches Core</td>
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**Summer Term**

- Summer Coursework\(^2\) 2

<table>
<thead>
<tr>
<th>Sophomore</th>
<th>Fall Semester Classes</th>
<th>Units</th>
<th>Spring Semester Classes</th>
<th>Units</th>
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<tbody>
<tr>
<td>PSYC 201</td>
<td></td>
<td>1</td>
<td>PSYC 301</td>
<td>1</td>
</tr>
<tr>
<td>PSYC 220/221 OR PSYC 222/200+(^1) Sequence</td>
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<td>PSYC 220/221 OR PSYC 222/200+(^1) Sequence</td>
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<td></td>
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<tr>
<td>Approaches core or Elective</td>
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<td>Approaches Core or Elective</td>
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<tr>
<td>Elective</td>
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**Summer Term**

- Summer Coursework\(^2\) 2

<table>
<thead>
<tr>
<th>Junior</th>
<th>Fall Semester Classes</th>
<th>Units</th>
<th>Spring Semester Classes</th>
<th>Units</th>
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<tbody>
<tr>
<td>PSYC Lab 1 (PSYC 310, 311, 312, or 313)</td>
<td>1</td>
<td>PSYC Lab 2 (PSYC 310, 311, 312, or 313)</td>
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<tr>
<td>PSYC 300+ elective (^1)</td>
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<td>PSYC 300+ elective (^2)</td>
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<tr>
<td>PSYC 401 or Elective</td>
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<td>PSYC 401 or Elective</td>
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<td></td>
</tr>
<tr>
<td>CN core or Elective</td>
<td></td>
<td>CN core or Elective</td>
<td>1</td>
<td></td>
</tr>
</tbody>
</table>

**Apply to MEd program by November 1 of junior year. Students notified of admission status by December.**

**First Year Masters Program**

Students will follow the course requirements for the first year of the Masters of Education in Counseling Program. Refer to the Bulletin for program requirements.

**Second Year Masters Program**

Students will follow the course requirements for the second year of the Masters of Education in Counseling Program. Refer to the Bulletin for list of courses.
Notes:
1) Students who have taken either PSYC 220 or PSYC 221 may not enroll in PSYC 222, and students who have taken PSYC 222 may not enroll in PSYC 220 or PSYC 221. Thus, students must take PSYC 222 and another PSYC 200+ elective (preferably PSYC 240) to fulfill the PSYC major requirements.
2) Summer coursework may be units for the major, minor or electives. Work with your advisor to plan carefully.
3) Of the four psychology elective courses, two must be from the foundational category (i.e., PSYC 220-239 or PSYC 320-339) and two must be upper-level (300+).

THE UNIVERSITY OF PUGET SOUND
COURSE CHECKLIST
DEPARTMENT: COUNSELING PROGRAM (ACCELERATED PATHWAY)

<table>
<thead>
<tr>
<th>CORE CURRICULUM REQUIREMENTS</th>
<th>MAJOR REQUIREMENTS</th>
</tr>
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<tbody>
<tr>
<td>COURSE</td>
<td>Units</td>
</tr>
<tr>
<td>Argument and Inquiry:</td>
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<tr>
<td>Seminar in Scholarly Inquiry 1-SSI 1</td>
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</tr>
<tr>
<td>Seminar in Scholarly Inquiry 2-SSI 2</td>
<td>1</td>
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<tr>
<td>Five Approaches to Knowing:</td>
<td></td>
</tr>
<tr>
<td>1) Artistic</td>
<td>1</td>
</tr>
<tr>
<td>2) Humanistic</td>
<td>1</td>
</tr>
<tr>
<td>3) Mathematical (MATH 160)</td>
<td>1</td>
</tr>
<tr>
<td>4) Natural Scientific (BIOL 101,102, 111 or 112)</td>
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<tr>
<td>5) Social Scientific</td>
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<tr>
<td>6) Connections</td>
<td>1</td>
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</tbody>
</table>

GRADUATION REQUIREMENTS:

Foreign Language Requirement (Check ONE option):
1) Two semesters at 101/102 level or One semester at 200+ level
☐
2) Proficiency exam (3rd year high school level or 1st year college level)
☐
3) AP foreign language score of 4 or 5
☐
4) IB higher level foreign language score of 5, 6, or 7
☐

KNOWledge, Identity, and Power Requirement:
One course. See Bulletin for details. Courses may also fulfill other program or graduation requirements.

KNOW

Upper Division Level Requirement:
Three units at the upper division level outside the first major;
Upper Div #1
☐
Upper Div #2
☐
Upper Div #3
☐

MAJOR COURSE
Units | Completed
PSYC 101 or Equivalent
1 | ☐
PSYC 201
1 | ☐
PSYC Major Sequence 220/221 OR PSYC 222/200+
2 | ☐
PSYC 300+ elective 1
1 | ☐
PSYC 300+ elective 2
1 | ☐
PSYC 301
1 | ☐
PSYC LAB 1
1 | ☐
PSYC LAB 2
1 | ☐
PSYC 401 (Senior Capstone)
1 | ☐
MATH 160
1 | ☐
BIOL 101, 102, 111, or 112
1 | ☐

THIS FORM IS NOT AN OFFICIAL GRADUATION ANALYSIS
NOTES:
1) Psychology majors cannot use PSYC 225 as a Social Scientific Approaches core. PSYC 225 counts as a PSYC 200+ major requirement.
2) Connections course may count as one of the three required upper division units outside the department of your major. Confirm with the department of your major and the Bulletin.
3) Students who have taken either PSYC 220 or PSYC 221 may not enroll in PSYC 222. Students who have taken PSYC 222 may not enroll in PSYC 220 or PSYC 221. Thus, students must take PSYC 222 and another PSYC 200+ elective (preferably PSYC 240) to fulfill the PSYC major requirements.
4) Two additional PSYC electives at the 300+ level.
5) Satisfactory completion of two of four PSYC laboratory courses; PSYC 310, 311, 312, or 313.
6) MATH 160 is a prerequisite for PSYC 201; PSYC 201
7) Students must be declared a PSYC major and earn a grade of “C” or better in PSYC 101 to enroll in PSYC 201.
8) A grade of “C” or better in PSYC 201 is a prerequisite for PSYC 301.