COVID-19 Symptoms & Testing Guidelines

I don’t feel well.

I have symptoms like…

• Runny/stuffy nose
• Sore throat
• Fever or chills
• Cough
• Loss of taste/smell
• Muscle aches
• Nausea/vomiting
• Diarrhea

Isolate yourself from others immediately. Do not attend class, work, sports, or other activities.

Wear a N95 or KN95 mask if you must be around others, like your roommates or family members.

Collect a saliva test on campus and isolate until you get your results.

Follow guidance in the flow chart on the right.

YES to any or all of the symptoms, whether you are vaccinated or not.

Isolate yourself from others immediately. Do not attend class, work, sports, or other activities.

Wear a N95 or KN95 mask if you must be around others, like your roommates or family members.

Collect a saliva test on campus and isolate until you get your results.

Follow guidance in the flow chart on the right.

See at right for steps to follow if you have been exposed to a positive case of COVID-19, and for what to do if you have not been exposed.

I have been exposed to a positive case of COVID-19. What should I do?

Are you experiencing symptoms?

Yes

I have a positive result.

Isolate and wear a mask.

Take an antigen test on day 5.

If negative, no isolation needed. Mask for 5 days.

Continue to isolate in location through day 10.

Are your symptoms improving?

Yes

End isolation.

No

Seek medical attention.

If positive, isolate in location through day 10.

I have a negative result.

I have been exposed to a positive case of COVID-19. What should I do?

Are you fully vaccinated?

Yes

Yes

I have a positive result.

Isolate and wear a mask.

Take an antigen test on day 5.

If negative, no isolation needed. Mask for 5 days.

Continue to isolate in location through day 10.

Are your symptoms improving?

Yes

End isolation.

No

Seek medical attention.

I have a negative result.

I have been exposed to a positive case of COVID-19. What should I do?

Are you fully vaccinated?

No

Yes

I have been exposed to a positive case of COVID-19. What should I do?

Are you fully vaccinated?

Yes

I have a positive result.

Isolate and wear a mask.

Take an antigen test on day 5.

If negative, no isolation needed. Mask for 5 days.

Continue to isolate in location through day 10.

Are your symptoms improving?

Yes

End isolation.

No

Seek medical attention.

I have a negative result.

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I don’t feel well.

But...

I have not been exposed to a positive case of COVID-19. What should I do?

Take a PCR test on the first day you experience symptoms and self-quarantine immediately.

My test from day 1 came back...

Positive

Isolate and celebrate.

Negative

Take an antigen test on day 5.

If negative, no isolation needed. Mask for 5 days.

Continue to isolate in location through day 10.

Do NOT self-quarantine.

My test from day 3 came back...

Positive

End self-quarantine.

Negative