The Courage to Speak Up
No Matter What’s on Your Mind
How to Use Poll Everywhere

An interactive audience participation tool

01 Bring a Mobile Device
No downloading or installing needed. Participation is optional.

02 Join Poll
There are two ways to participate. In a browser → Respond at PollEv.com/2018PDEC In a text messaging app → Text 2018PDEC to 37607 SMS charges may apply. Reception may vary.

03 Share Your Response
Select an option on your screen or respond with a text message.

04 See Results
Audience responses will be shown on the presentation screen. Results are anonymous.
Let’s Practice

Sample Question

What is your favorite sweet treat?

a) Cake
b) Candy
c) Pie
d) Ice Cream
e) None of the above
f) I don’t eat sweets

Join Poll

There are two ways to participate. In a browser → Respond at PollEv.com/2018PDEC In a text messaging app → Text 2018PDEC to 37607 SMS charges may apply. Reception may vary.
<p>| | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>What is your favorite sweet treat?</strong></td>
<td></td>
</tr>
<tr>
<td>Cake</td>
<td></td>
</tr>
<tr>
<td>Candy</td>
<td></td>
</tr>
<tr>
<td>Pie</td>
<td></td>
</tr>
<tr>
<td>None of the above</td>
<td></td>
</tr>
<tr>
<td>I don't eat sweets</td>
<td></td>
</tr>
</tbody>
</table>
What is Courage?

"No one is entitled to anything. Do the work. Embrace the hustle. Throw in some raw, unfiltered courage. Mix and serve."
Do not dwell in the past, do not dream of the future, concentrate the mind on the present moment.

- Buddha
How many members of the audience have been (or currently) a member of this campus as: (select all that apply)

- Student
- Staff Member
- Faculty Member
- Alum
- Parent of Student
- Regional Community Member
The 1960s

NATIONAL
Civil Rights Protests

UNIVERSITY OF PUGET SOUND
President Richard Nixon visits Campus
The 1970s

Gasoline Lines

Former President Thompson retires and passes the gavel to Phibbs

NATIONAL UNIVERSITY OF PUGET SOUND
The 1980s

Mount St. Helens Erupts

Prof. of Religion is named Puget Sound’s 1st Washington Professor of the year.
The 1990s

Generation “X” Comes of Age

Athletics programs move from NAIA to NCAA Div. III affiliation
The 2000s

NATIONAL UNIVERSITY OF PUGET SOUND

President Barack Obama

Lowry Wyatt Hall opens
The 2010s

NATIONAL
Edward Snowden Leaks NSA Information

UNIVERSITY OF PUGET SOUND
President Isiaah Crawford joins the University as the Institution's 14th President
“To say nothing is saying something. You must denounce things you are against or one might believe that you support things you really do not.”

– Germany Kent
Let’s Talk About It…
01 Pay Attention to People…
01

Be aware of your surroundings

Notice people in differing circumstances

Notice people in differing locations
02...And Be Nice
| 02 | Live up to your ideals | Be the person you aspire to be | Make eye contact | Smile and speak when it is appropriate |
03 Take Genuine Interest in Your Colleagues
Ask questions about others

Really LISTEN to Their answers

Don’t interrupt
“Be transparent. Let's build a community that allows hard questions and honest conversations so we can stir up transformation in one another.”

— Germany Kent
04 Notice How You Feel Around the POWERFUL
Watch out for a "less than" feeling

Others can sense when you doubt yourself

Be comfortable with yourself
“Don't let fear keep you quiet. You have a voice so use it. Speak up. Raise your hands. Shout your answers. Make yourself heard. Whatever it takes. Just find your voice, and when you do, fill the damn silence.”

— Meredith Gray
05 Keep a Journal
05

Keep track of how you feel in multiple situations

Include circumstances, behaviors, dates and times

Identify when you struggle to be yourself
“Life isn’t about finding yourself. Life is about creating yourself.”

- George Bernard Shaw
Which tip are you willing to commit to?

01 Pay attention to People
02 Be Nice
03 Take genuine interest in your colleagues
04 Notice how you feel around the powerful
05 Keep a journal
Which tip are you willing to commit to?

Pay attention to People

Be Nice

Take genuine interest in your colleagues

Notice how you feel around the powerful

Keep a journal
Course evaluation

Featured Speaker Online Evaluation at pugetsound.edu/pdecFeaturedSurvey (not case sensitive)