New online tools and resources

More ways to get the know-how you need to make smart retirement planning decisions

TIAA-CREF is dedicated to helping you pursue the retirement you want and deserve. As part of that commitment, we’ve added a host of new online tools and resources—virtually everything you need to help make smart retirement planning decisions.

My TIAA-CREF

Your secure, personal site: simply log in to your account at www.tiaa-(5,5),(995,992)cref.org/pugetsound

- Get an instant view of all your TIAA-CREF accounts with a personal rate of return to show your progress toward your goals.
- Update personal information, beneficiary elections, banking and tax withholding information and eDelivery preference.
- Plan for retirement using tools, calculators and retirement illustrations.

Access through My TIAA-CREF: Retirement Advisor

A simple but powerful tool that helps ensure you’re saving enough to support the kind of retirement you want.

- In minutes, receive a recommended list of investments that matches your needs for retirement and your risk tolerance, as well as an assessment of your current contribution level.
- Upon reviewing your plan options, use the Retirement Advisor to easily implement your new plan, reallocating your portfolio to the new set of recommended investments.

Access through My TIAA-CREF: Retirement Income Planner

Designed for individuals who are nearing or in retirement—to help ensure your investment plan is on track.

- Together with a TIAA-CREF Financial Consultant, analyze your current financial assets.
- Estimate your future monthly retirement income and determine ways to help maximize it.
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Access through My TIAA-CREF: 360 Financial View
A snapshot of your financial picture to help ensure you’re on the right track. Link external accounts such as bank accounts and non-TIAA-CREF retirement savings for a complete, private view of your investment picture.

- Aggregate all your financial accounts in one place—choose from more than 10,000 sites to potentially link.
- Manage your budgeting based on income and expense categories.
- Get alerts based on balances, transactions or goals.
- View your transactions by account type, and even include your business expenses.
- View reminders for upcoming bills and expenses.

Enhanced Microsite
www.tiaa-cref.org/pugetsound
A wealth of retirement planning information right at your fingertips.

- Access interactive retirement calculators and webinars to help you save for retirement.
- Click on helpful links, including:
  - Saving for Retirement: Learn about the retirement plan and investment strategies you can use to help reach your retirement savings goals.
  - Plans and Investments: Access important plan details such as vesting rules, investment choices, distribution options and account expenses.
  - Take Charge: Enroll online, select or change your investments, update your beneficiary designation, complete a Salary Deferral Agreement, and more.

Have questions? TIAA-CREF can help.
If you have questions about the new online tools and resources—or any aspect of your retirement plan—please call TIAA-CREF at 800 842-2252.

Schedule a one-on-one advice session
As a plan participant, you also have access to one-on-one retirement plan advice from a TIAA-CREF Financial Consultant—at no additional cost to you. During an advice session, a TIAA-CREF Financial Consultation will help you create a retirement portfolio tailored to your unique financial situation and goals. Call 206 529-2600, Monday through Friday, 8 a.m. to 5 p.m. (PT), or schedule online at www.tiaa-cref.org/schedulenow.