Puget Sound COVID-19
Pooled Testing Protocols
Faculty/Staff Instructions

How To Collect and Submit Your Sample

Step: 1  DO NOT eat, drink, smoke, chew gum, or brush your teeth at least 30 minutes prior to testing. DO NOT use mouthwash for at least two hours prior to testing.

Step: 2  Open the straw pouch and remove the straw.

Step: 3  Unscrew the tube cap and insert the narrow end of the straw into the tube.

Step: 4  Pool saliva in your mouth and let it fall through straw into the tube. Do not blow forcefully to avoid bubbles.

Step: 5  Make sure the tube is filled at least halfway, then remove and discard the straw and securely cap the tube.

Step: 6  Clean the tube with the alcohol wipe provided, place it into the bag, and seal the bag. Legibly write your name and campus ID number on the label in your kit and apply it securely to the bag.

Step: 7  Drop your sealed and labeled sample at the Faculty/Staff Drop-off in the testing pavilion, Monday–Friday, 8:30 a.m.–6 p.m. If you do not work during this time, make arrangements to have a department delegate deliver your sample for you.

Learn more about spring COVID-19 testing protocols and accessing your test results at pugetsound.edu/covid19testing.  
#WeGotThisLoggers