

Co-Leader Discussion

Here are a couple of questions to get the conversation with your co-lead going...answer as many as you want AND cover all of the bolded questions

<p>What are your own personal goals and expectations for the trip?</p> <p>What do you want to learn, improve, or change about yourself as a leader?</p> <p>What experiences are you bringing to this particular course?</p> <p>What do you see as challenging about this course for you?</p> <p>What are you looking forward to?</p> <p>How do you deal with stress?</p> <p>How are you feeling both physically and emotionally?</p> <p>Are you healthy?</p> <p>Do you have any medical or dietary concerns that it might be important to share? Are you taking any medications regularly? Do you mind if participants know about any of this?</p> <p>What are your leadership and teaching styles?</p> <p>How do you like to involve your participants in what you are teaching?</p> <p>Are you well organized? Or do you need reminders?</p> <p>When planning, do you bounce ideas off someone?</p> <p>Can you delegate? OR, do you tend to micromanage?</p> <p>Are you a “doer?” OR, are you more of an “idea person?” OR, explain?</p> <p>What are your tendencies in a group?</p> <p>What is your risk tolerance? Where do you draw the line when you personally take a risk? Where is your comfort when other people take a risk?</p> <p>What’s your favorite joke?</p>	<p>How do you react to conflict with your co-leader? Participants?</p> <p>What things are you defensive about?</p> <p>Diversions or Opp?</p> <p>What side of the shelter do you like - tent, tarp, pyramid, other and why?</p> <p>Are you someone who will speak up when something is bothering you? Or, do you prefer to see if problems will “fade away?”</p> <p>What is a good form of conflict resolution for you?</p> <p>Do you ask questions until you are really sure you understand someone?</p> <p>What sort of support do you expect from your Co-leader?</p> <p>Do you look for/encourage feedback?</p> <p>How are you best approached with feedback?</p> <p>Are you a morning person, or more of a night owl?</p> <p>What are some of your pet-peeves?</p> <p>What are your certifications? Who has the highest level of First Aid training (or experience with patient care)? How current?</p> <p>How will we handle a medical emergency that happens over the course of the trip? Who is the primary care-giver?</p> <p>Do you like mustaches?</p> <p>What does your perfect camp “blueprint” look like?</p> <p>Do you like to cook?</p> <p>What’s your favorite trip snack? How do you like your coffee/tea?</p>
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Be prepared to discuss what you learned at your next class!

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Personal Pre-Brief

(Do this and bring into Pre-brief meeting with coordinator)

Going into this trip:

Now... Meet and talk through this with your co-lead (over coffee/tea? dinner? in the sunshine?).

Things that I am excited about	My Strengths	My areas to work on

These are the things that I personally need to be successful on this trip:

These are the things that I need from my co-leader to be successful on this trip:

These are things that I need from the coordinator team/ facilitator team to be successful on this trip:

Now... Meet and talk through this with your co-lead (over coffee/tea? dinner? in the sunshine?).