Overnight Canoe Trip

If you choose the overnight canoe trip you will leave from base camp for an overnight trip on the Hood Canal. It is imperative that you are well prepared for these experiences. Thousands have participated in Passages since 1985, and over the years we have refined the equipment list to include only the most essential equipment. If you bring this equipment and ONLY this equipment, you will be comfortable in nearly any situation you encounter on your trip.

This equipment list is prepared with many factors in mind. You must bring all the items listed, of the specified quality, without exception. If you do not have the specified equipment, or have not made preparations to rent or borrow it, you will not be able to go on the trip. The comfort and safety of you and your group depends upon it. (Items with an asterisk (*) are available to rent at the prices listed.)

DRESSING FOR PACIFIC NORTHWEST WEATHER

During late August on Hood Canal, daytime temperatures can range from 45 to 70 degrees Fahrenheit. Nighttime temperatures can fall considerably, to 30–40 degrees Fahrenheit. Although August is traditionally the driest month in the Northwest, we see rain on Passages trips nearly every year.

Clothing: We recommend wool or synthetic clothing fabrics (nylon, polypropylene, cotton/poly mix, Capilene®, fleece) for all of your layers. While selecting clothing for wilderness travel, do not bring cotton, except as specifically described. Cotton, especially jeans, won’t dry out easily if it gets wet, and this greatly increases the risk of hypothermia, even in relatively warm temperatures.
HEAD:
It is important to bring a synthetic or wool hat to keep you warm at night and a wide-brimmed hat to protect you from the sun.

- Synthetic or wool hat
- Sun hat — wide-brimmed hat or baseball cap and bandana

ADDITIONAL ITEMS:
- Headlamp or flashlight (headlamp preferred)
- Sunglasses — with retainer strap
- Bandanas — bring one or two (for sun protection, hair, and washing)
- Sunscreen
- Toiletries (Do not bring deodorant, perfume, soap, etc. on backpacking trips). These items are for base camp only. Base camp is not equipped for the use of hair dryers or other electrical equipment.
- Glasses/Contact lenses — if you wear contact lenses you must bring a pair of glasses, additional contact lenses, and solution.

OPTIONAL ITEMS:
- Camera
- Journal

FOR YOUR RETURN TO BASE CAMP:
- Towel and toiletries
- Swimsuit
- A change of clothes for after the trip (Jeans and cotton are fine.)

DO NOT BRING THE FOLLOWING:
1. Portable radios, cellular phones, or sound equipment of any kind, as they detract from the outdoor group experience.
2. Alcohol or drugs
3. Firearms
4. Jeans or cotton clothing, except where specified