

Welcome to the University of Puget Sound!

My name is Nia Henderson and I am your peer advisor for the 2018-2019 school year. I hope you had a wonderful time during orientation, and are excited for all that is to come this year. I am eager to get to know you all over the next few months, but for now, I'll share a little bit about myself.



I am from Long Beach, California, which in theory is about 35 min from Los Angeles without traffic and am a junior here at the University. I have a passion for design, photography, and travel, and love to make vision boards on Pinterest in my free time. I am majoring in Psychology with minors in Neuroscience and African American Studies, and hope to obtain a Ph.D. in Clinical Psychology and eventually do terrorist profiling or hostage situation work for the FBI or NCIS. Outside of class, I give tours to prospective students (maybe I was your tour guide), am the Black Student Union president, as well as editor in chief of BLK ICE, one of our literature and art magazines on campus. If you have any questions about how to get involved, please don't hesitate to ask!

As your Peer Advisor, I am here to help you navigate your first year academically and personally, and make sure your transition from high school to college level academics goes as smooth as possible. However, first and foremost, I am here to listen in any way I can. Whether that is creating a 4 year plan, coming to me with personal or academic issues, or talking about life. I can also point you to various resources so please don't hesitate to ask. I will be sending you weekly emails and doing check-ins with each of you once a month to make sure everything is going well.



I have two office hours a week where you can drop by to find me: **Tuesdays at 3:30 p.m. in Diversions Cafe**, and **Thursdays at 1 p.m. in the Academic Advising Office (Howarth 114)**. You can also text or email me if you would like to set up a meeting a different time!

I know this time of the year is extremely busy and intimidating (I've been there), but I believe in you! Remember to take care of yourself... you got this!

Best,
Nia

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