### A suggested four-year program:

<table>
<thead>
<tr>
<th>Freshman</th>
<th>Units</th>
<th>Spring Semester Classes</th>
</tr>
</thead>
<tbody>
<tr>
<td>SSI 1</td>
<td>1</td>
<td>SSI 2</td>
</tr>
<tr>
<td>PSYC 101 or elective</td>
<td>1</td>
<td>PSYC 101 or elective</td>
</tr>
<tr>
<td>NS core (BIOL 101 or 111)</td>
<td>1</td>
<td>NS core (BIOL 101 or 111)</td>
</tr>
<tr>
<td>FL (if needed) or Approaches core</td>
<td>1</td>
<td>FL (if needed) or elective</td>
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<table>
<thead>
<tr>
<th>Sophomore</th>
<th>Units</th>
<th>Units</th>
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<tbody>
<tr>
<td>PSYC 201 or elective</td>
<td>1</td>
<td>PSYC 201 or elective</td>
</tr>
<tr>
<td>Elective</td>
<td>1</td>
<td>Elective</td>
</tr>
<tr>
<td>Approaches core</td>
<td>1</td>
<td>Approaches core</td>
</tr>
<tr>
<td>Elective</td>
<td>1</td>
<td>Elective or PSYC Elective</td>
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<table>
<thead>
<tr>
<th>Junior</th>
<th>Units</th>
<th>Units</th>
</tr>
</thead>
<tbody>
<tr>
<td>PSYC 201 or PSYC Lab Course</td>
<td>1</td>
<td>PSYC 301 or PSYC Lab Course</td>
</tr>
<tr>
<td>Elective or PSYC elective</td>
<td>1</td>
<td>Elective or PSYC Elective</td>
</tr>
<tr>
<td>Approaches core</td>
<td>1</td>
<td>Elective or CN core</td>
</tr>
<tr>
<td>Elective</td>
<td>1</td>
<td>Elective</td>
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<table>
<thead>
<tr>
<th>Senior</th>
<th>Units</th>
<th>Units</th>
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<tbody>
<tr>
<td>PSYC 401 or elective</td>
<td>1</td>
<td>PSYCH 401 or Elective</td>
</tr>
<tr>
<td>PSYC Lab Course or PSYC elective</td>
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<td>PSYCH Lab Course or elective</td>
</tr>
<tr>
<td>Elective or CN core*</td>
<td>1</td>
<td>Elective or CN core</td>
</tr>
<tr>
<td>Elective or Internship</td>
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<td>Elective</td>
</tr>
</tbody>
</table>

Puget Sound requires a total of 32 units to graduate.

**Notes:**

*Of the three units of upper division coursework required outside the first major, the Connections course will count for one unless it is used to meet a major requirement.*
THE UNIVERSITY OF PUGET SOUND
COURSE CHECKLIST
PSYCHOLOGY

CORE CURRICULUM

<table>
<thead>
<tr>
<th>UNIVERSITY CORE</th>
<th>CRS</th>
<th>TERM</th>
<th>GRADE</th>
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<tbody>
<tr>
<td>SSI1*</td>
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<td></td>
</tr>
<tr>
<td>SSI2*</td>
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<td></td>
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<tr>
<td>FN</td>
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<tr>
<td>HM</td>
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<td>NS</td>
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<td></td>
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<tr>
<td>SL**</td>
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<td></td>
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<tr>
<td>CN</td>
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</table>

MAJOR REQUIREMENTS

<table>
<thead>
<tr>
<th>COURSE</th>
<th>UNITS</th>
<th>TERM</th>
<th>GRADE</th>
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</thead>
<tbody>
<tr>
<td>PSYC 101</td>
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</tr>
<tr>
<td>PSYC 201</td>
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<tr>
<td>PSYC 301</td>
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<tr>
<td>2 Lab Courses from the following: 310, 311, 312, or 313</td>
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<tr>
<td>1.</td>
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<td>2.</td>
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<tr>
<td>PSYC 401</td>
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<tr>
<td>Four PSYC Electives</td>
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<td>1.</td>
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<td>2.</td>
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<td>3.</td>
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<td>4.</td>
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<tr>
<td>BIOL 101 or 111***</td>
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</table>

KEY

SSI1= Seminar in Scholarly Inquiry1
SSI2= Seminar in Scholarly Inquiry2
FN= Fine Arts Approaches
HM= Humanistic Approaches
MA= Mathematical Approaches
NS= Natural Scientific Approaches
SL= Social Scientific Approaches
CN= Connections
FL= Foreign Language

Foreign Language Requirement (circle one)
1) Two semesters at 101/102 level or One semester at 200+ level
2) Proficiency exam (3rd year high school level or 1st year college level)
3) AP foreign language score of 4 or 5
4) IB higher level foreign language score of 5, 6, or 7

Upper Division Level Requirement
Three units at the upper division level outside the first major.

NOTES

All major courses must be taken for a grade. Psychology majors must satisfy university core requirements other than First Year Seminars outside of the Psychology Department.

* First-year seminars (SSI 1&2) cannot be used to fulfill major requirements.
** Psychology majors may not use PSYC 225 to fulfill the Social Scientific Approaches core requirement.

Students may not take PSYC 401 and two PSYC 3XX labs in a single semester.

1) Students with a strong psychology background may petition the department to take an elective instead of PSYC 101.
2) PSYC 101 is prerequisite to PSYC 201. PSYC 201 with C- or better or instructor permission is prerequisite to PSYC 301.
3) All laboratory courses have PSYC 201 as a prerequisite. PSYC 312 also requires PSYC 301 or instructor permission.
   PSYC 311 students participate in laboratories involving live animals.
4) Two must be taken from the Foundations category at any level, which include PSYC courses numbered between 220-239 and 320-339. Two must be taken at the 300 or 400 level. Note: PSYC 370 may only be counted once toward the major.
Internship and independent study courses may count as upper-division electives.
5) BIOL 111 or 101 should be taken in the first or second year.

*** BIOL 111 is strongly recommended for students with an interest in biological psychology or neuroscience.

THIS FORM IS NOT AN OFFICIAL GRADUATION ANALYSIS