

OFF CAMPUS MEDICAL CARE

Counseling, Health, & Wellness Services

University of Puget Sound

1500 North Warner, #1035, Tacoma, WA 98416-1035 Telephone: 253-879-1555, Fax 253-879-3766

Unless noted, all health care providers are located in the Tacoma area.

24 hr. crisis line for psychological emergencies: 1-800-576-7764

Rebuilding Hope: The Sexual Assault Center of Pierce County: 253-474-7273

Poison Control: 1-800-222-1222

EMERGENCIES ONLY: Call campus Security Services at x3311 for emergencies (serious injury or illness) during the day, night, or on weekends. When CHWS is closed, registered UPS students may access the **Multicare (24 Hour) Consulting Nurse Service (253-792-6411)** for advice regarding emergent concerns. The Multicare staff will fax a summary of your consultation to CHWS, and our staff may follow up with you on our next business day.

Community Health Care: *Network of community clinics providing reduced cost (sliding fee) care for general medical services*

Downtown Clinic: General Dentistry, Mental Health, Domestic Violence Services, and Prescriptions and Refills
1202 S. I. St. Tacoma, WA 98405, 253-597-3813

Eastside Clinic: General Dentistry, Mental Health, Domestic Violence Services, and Prescriptions and Refills
1708 East 44th St. Tacoma, WA 98404, 253-471-4553

SEAMAR Clinic: 2121 S. 29th St. Tacoma, WA 98405, 253-593-2144

Milgard Family Dental Clinic: (walk-ins must sign in at 6:50 AM)
1708 E 44th St. Tacoma, WA 98404, 253-572-7002

Planned Parenthood: *reduced cost services for STI testing and treatment, contraception, and pregnancy testing*
1515 MLK, Jr. Way. Tacoma, WA 98405, 253-779-3900

Travel Consultation & Immunizations:

Northwest Infections Limited: 1624 S. I Street, #305, Tacoma, WA 98405, 253-428-8754

Passport Health: 4301 South Pine Street, Ste. 27 Tacoma, WA 98409

Safeway Pharmacy: 6201 6th Ave. Tacoma, WA 98406, 253-566-9217

Walgreens: 4315 6th Ave. Tacoma, WA 98406, 253-756-5159

Family Practice/General Medicine Health Care Providers:

These private health care providers are usually able to see you for an urgent problem, which may require an appointment, within 1 to 2 days. If you have an urgent concern, calling in the morning will more likely assure an appointment for that day. They will also accept new patients for regular medical care. **Standard fees are charged.**

Multicare Westgate Clinic: 2209 N. Pearl St. Ste. 100 Tacoma, WA 98406, 253-792-6900

Andy Loomis, MD: 2517 N. Washington St. Tacoma, WA 98406, 253-759-3586

Primary Care Northwest: 1812 S. J St. Tacoma, WA 98405, 253-552-4900

Pacific Northwest Primary Care: 1818 S. Union Ave. Tacoma, WA 98405, Suite 2A, 253-473-7637

Group Health: Tacoma Medical Center: 209 MLK, Jr. Way. Tacoma, WA 98405, 253-596-3300

(Consulting Nurse: 1 -800-297-6877) Urgent care available 24 hours 7 days a week.

Tacoma South Medical Center: 9505 S. Steele St. Tacoma, WA 98444, 253-597-6800

Dietitians:

Lisa Werner, RD Hope Sparks: 6424 N. 9th St. Tacoma, WA 98406, 253-565-4484

Debora Robinett, MA, RD: 1812 S J St. Ste. 220 Tacoma, WA 98405, 253-566-1616

Dentists:

Greg Plancich, DDS General Dentistry & TMJ: 2312 N. 30th St., Suite 201 Tacoma, WA 98403, 253-272-7400

Barrett Family Dental General Dentistry: 2520 N. Alder St. Tacoma, WA 98406-6632, 253-572-6670

Ophthalmologists & Optometrists:

Costco: 2219 S. 37th St. Tacoma, WA 98409, 253-475-5595

Dr. Francis Geissler: 4707 S. 19th St. Tacoma, WA 98405, 253-248-2020

Family Vision & Contact Lens Center: 2514 N. Adams St. Tacoma, WA 98406, 253-759-0785

Pacific NW Eye Associates: 3602 S. 19th St. Tacoma, WA 98405 (available for emergencies), 253-759-5555

Target: 3320 S. 23rd St. Tacoma, WA 98405-1603, 253-414-0303

1/23/17 LEW

Referrals & Resources -> Medical -> Off Campus Medical Care with Map

CHWS makes no specific recommendation for any of the individual medical providers or services listed. You may also check with CHWS providers or search the internet for additional resources. If you need assistance with a specialty referral, make an appointment with a CHWS medical provider by calling 253-879-1555.

Hospitals (numbered to match map below)

- 1. MultiCare West Tacoma Family Medicine and Urgent Care Clinic**
2209 N Pearl St., Ste. 100 Tacoma, WA 98406
253-792-6900, 9am-9pm Weekdays, 9am-5pm weekends and holidays
Access: <http://www.multicare.org/west-tacoma-urgent-care/> and use the “join the line” feature on the right side of the screen to save time by checking in online before arrival
- 2. Allenmore Hospital (Multicare)**
1901 S. Union Ave. Tacoma, WA 98405
253-459-6633
- 3. Tacoma General Hospital (Multicare)**
315 Martin Luther King Jr. Way Tacoma, WA 98405
253-403-1000
- 4. Tacoma Medical Center Group Health (Kaiser Patients Covered)**
209 Martin Luther King Jr. Way Tacoma, WA 98405
253-596-3300
- 5. St. Joseph Hospital (Group Health and Kaiser patients should go here for ER Visits)**
1717 S. J St. Tacoma, WA 98405
253-426-4101

