2017 Professional Development and Enrichment Conference
Building Cultural Literacy in the Workplace

WORKSHOP TYPES:

DEVELOPMENT
Learning opportunities focused on skills necessary to fulfill the mission of the university and consistent with the normal requirements of the job.

ENRICHMENT
Learning opportunities that are of personal interest and go beyond the professional pursuits or normal requirements of the job.

SUPERVISORY
Learning opportunities which introduce, develop, and strengthen skills for supervisors and those aspiring to supervise.

SPECIAL THANKS TO:
THE BRIGHT GROUP
CANCER PATHWAYS
CAREERTRAC
DOG GONE GOOD TRAINING, LLC
EXPAND YOGA
IMPROV ALIVE!
SAMDHANA-KARANA YOGA
STAFF SENATE
STUMPTOWN COFFEE ROASTERS
UNCHARTED SOUL
WORKPLACE RESOLUTIONS, LLC

MONDAY, JAN. 9

8:30 A.M. Registration

9 A.M. Opening Conference Address from President Crawford Tahoma Room, Thomas Hall

9:30 A.M.

Trans* Identities 101
Dave Wright and Skylar Bihl
Wyatt Hall - Room 304

iRest and Meditation
Sarah Maynard Murray, Uncharted Soul
Trimble Hall - Trimble Forum

Mitigating Micro Aggressions
Kristin Haltinner, Ph.D., University of Idaho
Thomas Hall - Tahoma Room

Zumba Fitness (1hr)
Arianna Benitez
Athletics & Aquatics Center Room 227, Dance Studio

Information Security
Jeremy Cucco
Wyatt Hall - Room 203

A Supervisor’s Guide to Coaching, Counseling, and Feedback (3hrs)
Tara Mikosz, Aritus Group
Wyatt Hall - Room 109

Excel as a Coach, Mentor, and Professional Role Model
Elizabeth Wormsbecker, Rebecca Pettit & Renee Houston, Ph.D.
Wyatt Hall - Room 107

11 A.M. Break

11:30 A.M.

When Cancer Comes to Work —for Coworkers
Anna Gottlieb, Cancer Pathways
Wyatt Hall - Room 304

Mindfulness for Life
Vania Kent, Samdhana-Karana Yoga
Wyatt Hall - Room 101

Culturally Relevant Customer Service Training (3hrs) Workshop Has Been Cancelled
Barbara Racine, John Hickey, and Janice Jackson-Haley
Wyatt Hall - Room 203

Medicare Basics—What you need to know before you enroll
Jeff Johnson, JBJ Insurance
Wyatt Hall - Room 107

Creating and Implementing a Student Employee Evaluation Process
Sarah Comstock
Wyatt Hall - Room 206

P-Card Orientation Overview
Lori Seager and Racheal Arteaga
Wyatt Hall - Room 209

Diversity & Leadership in the Workplace—for supervisors only
Michael Benitez, Ph.D.
Wyatt Hall - Room 204

The Language We Use in Response to Sexual Assault
Marta Cady
Wyatt Hall - Room 201

1 P.M. Break
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<th>Time</th>
<th>Event</th>
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<tr>
<td>1:30 P.M.</td>
<td>Dealing with Change Using “YES...AND!” Principle Workshop Has Been Cancelled&lt;br&gt;Julian Schrenzel, Improv Alive&lt;br&gt;Wyatt Hall - Room 203</td>
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<td>Beginner’s Excel Course&lt;br&gt;Nate Fearer&lt;br&gt;Wyatt Hall - Room 201</td>
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<td>Why Race Continues to Matter&lt;br&gt;Alice Coil, Sharon Chambers-Gordon &amp; Lori Ricigliano&lt;br&gt;Thomas Hall - Tahoma Room</td>
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<td>Yoga, Feminism, and Embodiment (3hrs)&lt;br&gt;Vania Kent, Saradhana-Karana Yoga&lt;br&gt;Wyatt Hall - Room 308</td>
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<td>Retirement Planning—“Building a Portfolio for Career Fulfillment and Income Security in Your Encore Years”&lt;br&gt;Grady Zech, CareerTrac&lt;br&gt;Wyatt Hall - Room 101</td>
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<td>3 P.M.</td>
<td>Break</td>
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<td>3:30 P.M.</td>
<td>Building Religious Literacy in the Workplace&lt;br&gt;Dave Wright&lt;br&gt;Wyatt Hall - Room 109</td>
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<td>Fire Extinguisher Training&lt;br&gt;Todd Badham&lt;br&gt;Wyatt Hall - Room 107</td>
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<td>Taking the Mystery out of Audio Visual Technology in Classroom and Presentation Space&lt;br&gt;Julie Coleman and Stephen Abeshima&lt;br&gt;Thomas Hall - Room 272</td>
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<td>Cracking the Code—video viewing&lt;br&gt;Michael Benitez, Ph.D&lt;br&gt;Wyatt Hall - Room 203</td>
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<td>Managing and Surviving Your Home-Buying and Selling Experience&lt;br&gt;Sharon Chambers-Gordon, Windermere Real Estate and Jennifer Pacheco, Pennich Home Loans&lt;br&gt;Thomas Hall - Tahoma Room</td>
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<td>Be Well—Eating Healthy on Campus&lt;br&gt;Cali Brokamp&lt;br&gt;Wyatt Hall - Room 101</td>
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<td>Budget and P-Card Advanced Topics&lt;br&gt;Dana Kapla, Linda Green, Julie Greene, and Lori Seager&lt;br&gt;Wyatt Hall - Room 209</td>
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**TUESDAY, JAN. 10**

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<th>Time</th>
<th>Event</th>
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<tr>
<td>8:30 A.M.</td>
<td>Registration</td>
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<tr>
<td>9 A.M.</td>
<td>Keynote—From Snow White to Zootopia: A look at Race, Institutions &amp; Culture&lt;br&gt;Shakti Butler, Ph.D. Memorial Fieldhouse</td>
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<td>10:30 A.M.</td>
<td>Break</td>
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<td>11 A.M.</td>
<td>Introduction to Strategic Questioning: A Strategy for Social Justice&lt;br&gt;Shakti Butler, Ph.D. Memorial Fieldhouse</td>
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<td>12:30 P.M.</td>
<td>Lunch Break&lt;br&gt;Lunch hosted by the President’s cabinet</td>
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<td>1:30 P.M.</td>
<td>Strategic Questioning and Playback Theater&lt;br&gt;Shakti Butler, Ph.D. Memorial Fieldhouse</td>
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<td>3:30 P.M.</td>
<td>Linking the Diversity Strategic Plan&lt;br&gt;Michael Benitez, Ph.D. Memorial Fieldhouse</td>
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WEDNESDAY, JAN. 11

8:30 A.M.  Registration

9 A.M.

How Identity Influences Our Perception of the World
Vivie Nguyen and Ashlee Day
Wyatt Hall - Room 109

7 Days to a Better Dog
Anne Smith, Dog Gone Good Training, LLC
Wyatt Hall - Room 203

Fire Extinguisher Training
Todd Badham
Wyatt Hall - Room 107

New Approach to Practicing Self-Care
Helen Fickes
Wyatt Hall - Room 307

P-Card Orientation Overview
Lori Seager and Racheal Arteaga
Wyatt Hall - Room 209

10:30 A.M.

Break

11 A.M.

Communication Styles in a Male Dominated Workplace
Vivie Nguyen and Ashlee Day
Wyatt Hall - Room 313

Pacific Northwest Hiking Basics
REI
Wyatt Hall - Room 203

Taking Care of Your Computer
Dale Mickel
Wyatt Hall - Room 201

Conducting Circle Conversations
Cindi Bright, The Bright Group
Wyatt Hall - Room 107

What You Need to Know: Sexual Assault Prevention and Education
Marta Cady
Wyatt Hall - Room 109

Functional Medicine
Claudine Kubesh, M.D.
Wyatt Hall - Room 307

Budget Orientation Overview
Dana Kapla, Linda Green, Julie Green, and Lori Seager
Wyatt Hall - Room 209

12:30 P.M.

Break

1:30 P.M.

Overview of Crucial Conversations
Betsy BeMiller, Workplace Resolutions, LLC
Wyatt Hall - Room 101

Trans* Identities 201
Dave Wright and Skylar Bihl
Wyatt Hall - Room 109

Vinyasa Yoga (1hr)
Expand Yoga
Athletics & Aquatics Center
Room 227, Dance Studio

TIAA—The Starting Line
Mary Rorvik
Wyatt Hall - Room 201

Creating + Implementing a Student Employee Evaluation Process
Sarah Comstock
Wyatt Hall - Room 206

Researching Your WWI Ancestors
Amber Brock
Wyatt Hall - Room 204

How to be Your Best Self at Puget Sound (3hrs)
Tasha Helton
Wyatt Hall - Room 209

5:00 P.M.

Wine Drinker, know Thyself!
Michael Veseth, Ph.D.
Thomas Hall - Tacoma Room

THURSDAY, JAN. 12

8:30 A.M.

Green Dot Bystander Workshop (6hrs)
Marta Cady
Wyatt Hall - Room 101

First Aid/CPR & AED Certification Training (6 hrs)
Michael Newhouse
Athletics & Aquatics Center - Room 117