In consideration of my use of athletic facilities, I hereby forever release and covenant not-to-sue the University of Puget Sound (university), its Trustees, employees, instructors, volunteers, agents, and all others who are involved, from any and all present and future claims resulting from ordinary negligence on the part of the university or others listed for property damage, personal injury, or wrongful death, arising as a result of my engaging in or receiving instruction in athletic facilities use activities or any activities incidental thereto, wherever, whenever, or however the same may occur. I hereby voluntarily waive any and all claims both present and future, resulting from ordinary negligence, that may be made by me, my family, estate, heirs, estate or assigns, and I relinquish on behalf of myself, spouse, heirs and assigns the right to recover for injury or death.

I am aware that athletic facilities use activities are vigorous and can involve severe cardiovascular stress. I understand that athletic facilities use activities involve certain risks, including but not limited to death. In addition, I understand that participation in athletic facilities use activities involves activities incidental thereto, including, but not limited to, the possible reckless conduct of other participants. All stresses and hazards associated with this activity cannot be foreseen.

I will voluntarily use athletic facilities with knowledge of the danger involved and hereby agree to accept any and all risks of property damage, personal injury, or death.

I have a personal responsibility to follow any safety rules and procedures established by the university and that are associated normally with athletic facilities use activities.

I further agree to indemnify and hold harmless the university and others listed for any and all claims arising as a result of my participation in athletic facilities use activities or any activities incidental thereto, wherever, whenever, or however the same may occur.

I understand that this waiver is intended to be as broad and inclusive as permitted by the laws of the State of Washington, and I agree that if any portion is held invalid, the remainder of the waiver will continue in full legal force and effect. I further agree that the venue for any legal proceedings shall be in the State of Washington.

If I am at least 18 years of age, I affirm that I signing this agreement solely and freely. If I am under 18 years of age, I will also obtain the signature of my parent or guardian. I have read this form and fully understand that by signing this form, I am giving up legal rights and/or remedies which may be available to me for the ordinary negligence of the university or any of the parties listed above. I understand that this agreement is a binding legal document.

For persons under the age of 18, the parent or guardian who signs below also commits to the participant conditions of this agreement.

CAUTION: READ THIS DOCUMENT CAREFULLY BEFORE SIGNING:

(Signature of Participant)  Date signed

(Printed Name of Participant)

(Signature of Witness)  Date signed

(Name and Telephone Number of Witness)

(Address of Witness)

(Signature of Parent/ Guardian if Participant is a minor)  Date signed