Alt Spring Break DisAbility Justice: Ableism & Mental Health

Tentative Schedule
Sunday, March 15 thru Wednesday, March 18

**Sunday**
- 9:00-9:30 Check-in
- 9:30-10:30 Framing the Conversation: A Brief Introduction to Social Justice
- 10:30-10:40 Break
- 10:40-11:10 Cycle of Socialization
- 11:10-Noon Introduction to Disability Justice

Opening Lunch (provided)
- 12:45-2:00 Disability Rights Movement
- 2:00-3:30 Accessibility at Puget Sound with Sarah Comstock
- 3:30-5:00 Pre-Dinner Session

Dinner (provided)

**Monday**
- 9:00-9:20 Intro to the day
- 9:30-10:20 Morning Plenary – The Hegemony of ‘Normalcy’ with Dr. Margi Nowak
- 10:30-Noon Independent Living with Carol Decker

Lunch (on your own)
- 1:00-2:00 Living in an Able-bodied World with Prof. Kirsten Wilbur
- 2:10-3:10 Mental Health at Puget Sound with CHWS Dir. and Assoc. Dean of Students Donn Marshall (maybe during a later session)
- 3:20-4:40 Technology and DisAbilities with Dr. Yvonne Swinth?

- 4:40-5:30 Break

- 5:30-6:30 Dinner (provided) and Narrative

**Tuesday**
- 8:00 Meet at Info Center
- 8:20 Leave for L’Arche Tahoma Hope Farms
- 9:00-3:00 L’Arche Farms

- 3:30-5:00 TBD
- 5:00-6:30 Dinner (provided) and Narrative
- 7:00-9:00 Film
**Wednesday**

8:10        Meet at Info Center
9:00-Noon   TACID

Lunch (provided)

1:00-4:00   SafeTALK Suicide Prevention Training with Prof. Kirsten Wilbur