THE UNIVERSITY OF PUGET SOUND

ANY MAJOR - Pre-Medical
Degree: BA or BS
2011 – 2012 Curriculum Guide
Contact Person: Joyce Tamashiro
Program Coordinator: Kathy Samms 253-879-3814
Health Professions Advising www.pugetsound.edu/hpa

A SUGGESTED four-year program:
Early contact with the Chair of the Health Professions Advising Committee or the program coordinator is recommended in the first year. The Medical School Admission Requirements book must be checked during the sophomore year for specific school requirements.

Fall Semester Classes | Spring Semester Classes
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Freshman | Units | Units
CHEM 110/lab (NS core) | 1 | CHEM 230/lab | 1
SI or WR Seminar | 1 | Elective or Major | 1
MATH 180 (MA core) | 1 | FL (if needed) or Major* | 1
FL (if needed) or Major* | 1 | SI or WR Seminar | 1

Sophomore |  |  |
BIOL 111/lab (1) | 1 | BIOL 212/lab (1) | 1
CHEM 250/lab | 1 | CHEM 251/lab | 1
Approaches core | 1 | Approaches core | 1
Elective or Major | 1 | Elective or Major | 1

Junior |  |  |
PHYS 111/lab*** | 1 | PHYS 112/lab*** | 1
Elective or BIOL 311/lab *** | 1 | Elective or ENGL 301*** (2) | 1
Elective or Major | 1 | Elective or Major | 1
Elective or Major | 1 | Elective or Major | 1

Senior |  |  |
CN core (4) | 1 | Elective or Major | 1
Elective or Major | 1 | Elective or Major | 1
Elective or Major | 1 | Elective or Major | 1
Elective or CHEM 460/lab ***/ BIOL 361 (3) | 1 | Elective or CHEM 461*** | 1

UPS requires a total of 32 units to graduate.

(1) If Biology major, take BIOL 111/112 first year. If other major, recommend BIOL 212 instead of 112.
(2) Additional English writing courses required by some medical schools.
(3) Some medical schools now require or recommend Biochemistry. If a lab is required take CHEM 460 & 461. BIOL 361 is a one-semester, non-lab course.
(4) Of the three units of upper division coursework required outside the first major, the Connections course will count for one unless it is used to meet a major requirement.

* Meet with advisor to ensure that major requirements as well as university requirements are met.
**PHYS 111/112 is preferable, but PHYS 121 – 122 acceptable.
*** Recommended. Required at some schools.

The MCAT will be revised in 2015 and may include new topics such as psychology and sociology. At this time it is too early to tell what changes will be implemented. Please work closely with the health professions staff to assure you have the most updated information.